

9th EA ALCOHOLICS ANONYMOUS CONVENTION PROGRAMME

13th- 15th November 2026 (JINJA UGANDA)

Theme: "Living in the Solution"

DAY ONE: FRIDAY 13th November– RECOVERY & SPIRITUAL FOUNDATION

Time	Program	
8:00 – 9:00 am	Morning Meditation	
9:00 – 9:30 am	Opening Remarks • Serenity Prayer • Welcome Address, Announcements • Introduction of Convention Theme • Convention Guidelines	By Organizers
9:30 – 10:30 am	Opening Session: The Joy of Living: From Despair to Hope	
10:30 – 11:00 am	Tea Break	
11:00 am – 12:00 pm	One Day at a Time-Accepting Powerlessness	
12:00 – 1:00 pm	Living Sober – Relapse Prevention	
1:00 – 2:30 pm	Lunch Break	
2:30 – 3:30 pm (Concurrent Sessions)	Room A: Beginners Meeting (<i>Priority: Members with less than 1 year sobriety</i>)	
	My Anger, Resentments and Me	
	Room C: Service – The Heart of AA	
3:30 – 4:30 pm (Concurrent Sessions)	Room A: Cleaning House – Step 4 Workshop	
	Room B: Emotional Sobriety – Step 10	
4:30 – 5:00 pm	Tea Break	
5:00 – 6:00 pm	Living the Twelve Traditions	
6:00- 7:30Pm	Aerobics. Outdoor Games Fun Games Fellowship	

DAY TWO: SATURDAY – UNITY, SERVICE & CARRYING THE MESSAGE

Time	Program	
8:00 – 9:00 am	Morning Meditation & Quiet Reflection	
9:00 – 9:30 am	Opening Remarks • Serenity Prayer • Welcome Address, Announcements • Introduction of Convention Theme • Convention Guidelines	By Organizers
9:30 – 10:30 am	Conscious Contact to improve my relationship with my Higher Power.	
10:30 – 11:00 am	Tea Break	
11:00 am – 12:00 pm	Carrying the Message – Step 12	
12:00 – 1:00 pm	GSO Meeting – AA HISTORY AND STRUCTURE.	
1:00 – 2:30 pm	Lunch Break	
2:30 – 3:30 pm (Concurrent Sessions)	Room A: Beginners Meeting (<i>Priority: Members with less than 1 year sobriety</i>)	
	Room B: A Vision for You: The Promises.	
	Room C: Alanon	
3:30 – 4:30 pm (Concurrent Sessions)	Room A: Women's Meeting	
	Room B: Men's Meeting	

4:30 – 5:00 pm	Tea Break
5:00 – 6:00 pm	Sobriety Countdown and Handover to the Next Hosts Tanzania • Recognition of Continuous Sobriety • Celebration of Recovery Milestones
6:00 – 7:00 pm	Free Time & Fellowship
7:00 pm onwards	Barbecue, Karaoke, Dancing Enjoyment, etc.

DAY THREE: SUNDAY – GRATITUDE, REFLECTION & MOVING FORWARD

Time	Program
8:00 – 9:00 am	Morning Meditation & Quiet Reflection
9:00 – 10:00 am	Closing Speaker Session: A Vision for You- A Road to Happy Destiny
10:00 – 10:30 am	Tea Break
10:30 – 12:00 pm	Convention Reflections & Appreciation Closing Session: Gratitude in Action – Audience Sharing • Announcements • Serenity Prayer & Closing

