

9th EA ALCOHOLICS ANONYMOUS CONVENTION PROGRAMME

13th- 15th November 2026 (JINJA UGANDA)

Theme: "Living in the Solution"

DAY ONE: FRIDAY 13th November– RECOVERY & SPIRITUAL FOUNDATION

Time	Program
8:00 – 9:00 am	Morning Meditation
9:00 – 9:30 am	Opening Remarks • Serenity Prayer • Welcome Address • Introduction of Convention Theme • Convention Guidelines
9:30 – 10:30 am	Opening Session: The Joy of Living
10:30 – 11:00 am	Tea Break
11:00 am – 12:00 pm	A Vision for You (Promises)
12:00 – 1:00 pm	One Day at a Time
1:00 – 2:30 pm	Lunch Break
2:30 – 3:30 pm (Concurrent Sessions)	Room A: Beginners Meeting (<i>Priority: Members with less than 1 year sobriety</i>)
	Room B: Conscious Contact – Step 11
	Room C: Service – The Heart of AA
3:30 – 4:30 pm (Concurrent Sessions)	Room A: Cleaning House – Step 4 Workshop
	Room B: Emotional Sobriety – Step 10
4:30 – 5:00 pm	Tea Break
5:00 – 6:00 pm (Concurrent Sessions)	Room A: Living the Twelve Traditions
	Room B: Sponsorship – Giving and Receiving

DAY TWO: SATURDAY – UNITY, SERVICE & CARRYING THE MESSAGE

Time	Program
8:00 – 9:00 am	Morning Meditation & Quiet Reflection
9:00 – 10:00 am	Living Sober – Relapse Prevention
10:00 – 10:30 am	My Anger, Resentments and Me
10:30 – 11:00 am	Tea Break
2:30 – 3:30 pm (Concurrent Sessions)	Room A: Beginners Meeting (<i>Priority: Members with less than 1 year sobriety</i>)
	Room B: Conscious Contact – Step 11
	Room C: Service – The Heart of AA
12:00 – 1:00 pm (Concurrent Sessions)	Room A: Women's Meeting
	Room B: Men's Meeting
1:00 – 2:30 pm	Lunch Break
2:30 – 3:30 pm	GSO Meeting – AA Structure, Unity & Service
3:30 – 4:30 pm	Carrying the Message – Step 12
4:30 – 5:00 pm	Tea Break
5:00 – 6:00 pm	Sobriety Countdown and Handover to the Next Hosts Tanzania • Recognition of Continuous Sobriety • Celebration of Recovery Milestones
6:00 – 8:00 pm	Free Time & Fellowship
8:00 pm onwards	Dinner & Barbecue, Karaoke, etc.

DAY THREE: SUNDAY – GRATITUDE, REFLECTION & MOVING FORWARD

Time	Program
8:00 – 9:00 am	Morning Meditation & Quiet Reflection
9:00 – 10:00 am	Closing Speaker: A Vision for the Future
10:00 – 10:30 am	Tea Break
10:30 – 11:00 am	Convention Reflections & Appreciation
11:00 am – 12:00 pm	Closing Session: Gratitude in Action – Audience Sharing • Appreciation of Organisers & Volunteers • Announcements • Serenity Prayer & Closing

